

The Drug Free Schools and Campuses Act Biennial Review

*This review covers academic years (Aug 1 – July 31) for AY 2022-23 and 2023-24

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Overview

Throughout this biennium, the goals of Butler University’s alcohol and drug prevention and education efforts have been to:

- Educate students about the effects of alcohol and other drugs and the potential for harmful outcomes of use, misuse, and abuse of such substances.
- Inform students of policies and laws associated with alcohol and illegal substance use and abuse.
- Provide support services for those who need assistance.
- Formulate decisions and allocate institutional resources based on localized data, content knowledge and best practices in the AOD field as it pertains to the collegiate environment.

Although aspects of our student directed alcohol and drug programs are focused in several units to include Health Promotion, Residence Life, and the student conduct process, many entities contribute to our educational and enforcement efforts. Support services are available through Health Services, Counseling and Consultation Services, and the Recreation & Wellness/BU|BeWell offices. Education and enforcement efforts are coordinated with the Butler University Department of Public Safety. Additionally, many academic areas contribute to knowledge acquisition and awareness in these areas particularly the College of Pharmacy and Health Sciences.

Highlights during AY 2022-23 – AY 2023-24

BU|BeWell – [BU|BeWell](#) has been established as “the student experience” for all things considered ‘well-being’ at Butler. Launched in its current form in 2018-19, we utilized this framework to guide our support for students as we came out of the COVID-19 pandemic. An intentional focus on the components of the model can be found in any number of ways throughout campus. Our efforts have been highlighted in a number of publications and our staff have been invited to speak at several local and national events. While our model is holistic, a big part of our strategies to reduce harm from alcohol and drug use is integrated here. As listed on the BU|BeWell website, “The eight dimensions of Butler’s BU|BeWell framework are the foundation for a transformative and holistic Butler experience. Through BU|BeWell, we foster a positive environment that helps students, faculty, and staff grow, learn, and be the best version of themselves. Butler provides many robust opportunities to develop, both inside and outside of the classroom, through each of the eight dimensions of BU|BeWell. NIRSA and NASPA’s statement, [Health and Wellbeing in Higher Education: A Commitment to Student Success](#), highlights strategic commitments from both associations in pursuit of innovating, supporting, and fostering a holistic, integrated, and strategic approach to wellbeing. BU|BeWell is a best practice as identified by [NIRSA](#) and [NASPA](#).”

No Smoking/Vaping/Nicotine Policy Implemented – Butler University became a smoke free campus on February 1, 2021. In part, the policy states “The use of any form of tobacco, nicotine, or vaping/smoking device is prohibited on the Butler University campus. This includes all buildings (including residence halls), parking structures, campus walkways, University- owned, leased, or rented vehicles; and privately-owned vehicles parked on University property. This policy applies to all students, faculty, staff, contractors, vendors, and visitors to all University properties. In addition, this policy encompasses all forms of tobacco, nicotine, e- liquids, electronic nicotine (and other drug) delivery devices, and any product or paraphernalia related to smoking. This policy includes but is not limited to all tobacco and smoking/vaping- related items defined in Indiana Codes and 24.3. Common examples include but are not limited to electronic smoking/vaping devices, e-liquids, smokeless nicotine (pouches, lozenges, etc.), smokeless tobacco (chewing tobacco/snuff, etc.), and traditional combustible cigarettes, cigars, pipes, etc. (See the codes linked above for more in-depth and detailed definitions.)

A full description of the policy, rationale, and scope can be found [online](#).

Access to Off-Campus Mental Health Providers – [MiResource](#) is an updated listing of local mental health professionals. The site allows users to search by practice area, insurance coverage, gender, language, race, client age group, and more, and is intended to connect students, faculty, and staff to long-term therapy or specialized support. This tool is FREE to access and has been an integral part of Butler University’s strategy to provide as much of a comprehensive care model as possible. We know that our own Counseling & Consultation Services office may not be the appropriate form of care that some of our students need; whether it is due to long-term care needs, highly specialized diagnoses, availability of CCS staff, or a particular background that a student seeks in their therapist, MiResource enables us to offer students other options.

Alcohol and Other Drugs Task Force Created – In spring of 2020, the Vice President of Student Affairs tasked the creation of a newly formed AOD task force. The role of this task force is to 1) reduce high-risk behaviors associated with alcohol and substance use, 2) work in an interdisciplinary and collaborative manner to review policies and programs to ensure alignment with evidence-based best practices, and 3) to maintain an inventory of data, programs, and policies focusing on reduction of high risk behaviors

associated with alcohol and other substances in a college setting.

Due to recent administrative changes and organizational realignment within the University, this group has conducted meetings via email. Bridget Yuhas, Dean for Student Health & Well-being, and Katie Wood, Assistant Director for Health Promotions, will convene future meetings, including faculty and staff from across the campus.

Other

Indiana College Substance Use Survey (ICSUS)

- Butler administered in Spring 2023.
- More information can be found [here](#).

Policies

Student alcohol and drug policies are reviewed and updated annually in preparation for inclusion in the student handbook that is published by August opening each academic year. This publication contains all University guidelines, policies and campus resources and is [provided online](#) for easy access. Students are made aware of the handbook in several ways:

- All students receive a targeted email message at the onset of the fall semester. Entering students in January receive the same. This links to the student conduct and handbook websites.
- Student Handbook announcements are sent to the entire Butler community in early fall using our daily email announcement platform and are included in messaging that is coordinated by Enrollment Management.
- The Financial Aid Office sends a targeted all-campus announcement via email to all students drawing specific attention to the alcohol and drug information contained in the handbook.
- New students are introduced to alcohol and drug policies by staff during residence hall unit and commuter meetings held prior to the start of classes.
- Student-athletes are informed of policies and NCAA regulations through targeted meetings and programs.

The University's alcohol policy leads with a clear Indiana Lifeline statement that conveys an expectation that students will seek immediate medical attention when someone's wellbeing is in jeopardy. It states when a Lifeline Law applies to a situation, students will not be held responsible for conduct code violations. The Sexual Misconduct Policy has similar language saying those that report sexual misconduct will not be held responsible for alcohol/drug violations.

The primary concern of Butler University, including incidents of intoxication and/or alcohol poisoning, is the health and safety of the individuals involved. Students and student organizations are expected to summon immediate emergency medical care for students, members, or guests who are in need of assessment. The University's policy and student conduct practices recognize and adhere to the State of Indiana's Lifeline Law (www.IndianaLifeline.org) that:

- Provides that a person is immune from arrest or prosecution for certain alcohol offenses if the arrest or prosecution is due to the person: (1) reporting a medical emergency; (2) being the victim of a sex offense; or (3) witnessing and reporting what the person believes to be a crime.

- Provides immunity for the crimes of public intoxication, minor in possession, minor in consumption, and similar laws, to persons who identify themselves to law enforcement while seeking medical assistance for a person suffering from an alcohol-related health emergency. In order to receive immunity, the reporting individual must demonstrate that they are acting in good faith by fulfilling the following expectations:
 - Providing their full name and any other relevant information at the request of law enforcement officers.
 - Remaining on the scene until law enforcement and emergency medical assistance dismiss.
 - Cooperating with all authorities.
- The Indiana Lifeline Law will not interfere with law enforcement procedures or limit the ability to prosecute for other criminal offenses such as providing alcohol to minors, operating vehicles while intoxicated, or the possession of a controlled substance. (Note: BUPD officers will use their discretion, and consideration will be given on a case-by-case basis when marijuana is involved.)

Butler students who actively seek medical attention on the behalf of another person in accordance with the Indiana Lifeline Law, will not be charged with a violation of University policies regarding underage use and possession of alcohol. It should be recognized that:

- Those who assist in situations such as these can expect outreach from a Dean of Students staff member to discuss the incident.
- In the course of investigating an incident, if someone is found to have misrepresented their involvement, it is possible that student conduct charges could be brought against the student.
- Student conduct action could result for other policy violations such as fake identification, causing or threatening physical harm, sexual misconduct, damage to property, unlawful provision of alcohol and other drugs, harassment, and hazing, etc. If student conduct action does result, the students' actions to secure emergency medical attention will be considered in the University's response.

Policy Enforcement

Primary enforcement of the university's alcohol and controlled substance policies is done by residence life staff and the Dean of Students office. Student resident assistants generate incident reports when they encounter violations. Community Directors (CDs) hold administrative reviews for students whose violations occur within the residence facilities. A Residence Life staff member meets with the students for repeated hall violations and is involved immediately when controlled substances are alleged. The Associate Dean of Students hears low-level cases that occur external to the residential facilities and conducts all formal administrative reviews where suspension/permanent dismissal are possible sanctions.

Additionally, University police reports feed into the student conduct system and provide information to CDs or to other student conduct officers who hear drug cases, repeated alcohol violations, and all alcohol violations that result in a student hospitalization or arrest. University police officers respond to alcohol and drug incidents according to their established protocols. The Dean of Students receives police incident reports that inform student conduct conversations.

Student Conduct Sanctions

To encourage a consistent response to policy violations by all student conduct officers, a conduct sanction guideline has been utilized since 2010. This guide is for internal use and delineates possible responses to first and subsequent violations of university policies, to include alcohol and drug violations. It is reviewed annually to reflect changes in law and/or policies. Conduct officers consider the circumstances of the violation along with an individual student's conduct history and the student's response to the allegation in the deliberation about sanctions.

A typical first response for an alcohol violation would be for the student to complete an alcohol education activity and write a reflection paper. Several writing prompts have been developed to assist students in filling gaps of knowledge and/or to evaluate their values and goals in light of any continued issues with alcohol misuse. Subsequent violations increase in intensity and severity of sanctions to include a mandated alcohol/drug assessment and suspension/permanent dismissal from the University.

Targeted student conduct sanctions address those students with demonstrated problem behaviors associated with alcohol/drug use or suspected dependencies.

- The Alcohol and Other Drug (AOD) Educational Workshop is offered throughout each semester. The hour-long workshop has been coordinated and convened by Health Promotion & Communication Specialist, Katie Wood, after being assigned as a conduct sanction through the Office of the Dean of Students. Students are directed in two ways – to an alcohol or a marijuana tract. Participants provide pre-and post-workshop data regarding what they have learned from the workshop.
- For students with repeated violations or higher-level violations, an off-campus assessment may be assigned. The student is required to select an off-campus provider, such as Community Fairbanks Recovery Center, which must first be approved by the conduct officer. Once the assessment has taken place, the student is expected to complete whatever educational experience might be recommended by the assessment provider. The recommendation is often an 8 to 20 hour Prime for Life program, which is a motivational prevention and pretreatment program for people making high-risk decisions. Students sign a release of information to allow the assessment provider permission to share feedback and recommendations with the referring conduct officer. The provider is expected to notify the conduct officer of their recommendations and to follow-up with confirmation when the recommendation is completed. Details of what was shared in the assessment or during the program are not provided to the conduct officer.
- Student conduct action for controlled substance offenses, other than marijuana, include referral to the AOD Educational Workshop, off-campus assessments and required compliance with assessment recommendations.
- The Dean of Students informs parents/guardians via letter when students violate alcohol policies. For students under 21, parents generally receive notification on a second alcohol violation and then any subsequent alcohol offenses. Parents/guardians are notified on a first and subsequent drug offense. The Dean also informs coaches when student athletes are alleged to have violated alcohol/drug policies. The College of Pharmacy and Health Sciences is notified when COPHS students are found responsible for alcohol/drug policy violations. COPHS students have a professional code of conduct that applies and additional processes and sanctions may be applied after review by the college.

Student Conduct Cases

2022-23

of total cases 281

of cases involving alcohol 201 (72%)

of cases involving other substances 13 (5%)

2023-24

of cases 409

of cases involving alcohol 146 (35.7%)

of cases involving other substances 24 (6%)

Legal Consequences

Butler Police respond to violations of Indiana alcohol and controlled substance laws. Students receive a summons arrest when warranted and, in addition to referral into the student conduct system, citations can be directed to the Marion County prosecutor for evaluation. In fall 2013, and offered each semester subsequently, the University policy host a diversion program in coordination with the prosecutor. Students who receive a summons may have the option to be directed to a half-day program that involves a review of alcohol/controlled substance laws, interaction with a community impact panel and involvement in community service. Those who complete the program and stay citation free for a year have the first summons suspended.

Those who fail to meet the program criteria are subject to resolution of the summons through the Marion County courts.

- Three Butler students participated in the BUPD/Marion County Prosecutor's Office diversion program in 2021. Eight participated in 2022.
- BUPD arrested 30 individuals for Minor in Possession from August 1, 2020 – July 31, 2022.

Butler Police (BUPD) have been responding consistently to underage alcohol consumption over this period by issuing a summons arrest except in situations that involve mental health, sexual misconduct and other areas covered by the Indiana Lifeline Law. This consistency has added an additional real-world layer of response to those who choose to consume or provide to minors. In cooperation with the Marion County Prosecutor, BUPD offers an on-campus diversion program each semester to those who receive a summons. Butler students who are offered the diversion program have their initial citation expunged upon successful participation in the program and 12 months free of another citation.

Alcohol and Other Drug Educational Programming

360 Proof

The 360 Proof Personalized Feedback Index (PFI) is an anonymous online tool for students that provides individualized feedback about one's alcohol use. The PFI takes approximately 15 minutes to complete, and immediately delivers confidential judgment-free results. These results include strategies specifically recommended for each individual user, based on what is reported about their own alcohol use. Personalized feedback is intended to help students examine and ultimately minimize the impacts of alcohol on their health, finances, relationships, and academics. This resource is free to implement. This may be assigned as part of a sanction through the Office of Dean of Students.

AlcoholEdu

This online education platform encourages students to reflect on their attitudes, behaviors, and beliefs surrounding alcohol and other substances. The learning module is separated into two parts; part 1 is completed before students come to campus, and part 2 is completed approximately 6-8 weeks after completion of part 1. This strategic assessment allows us to see what effect, if any, coming to Butler has on students' drinking habits. AlcoholEdu is a mandatory requirement for incoming students. If, however, a transfer student already completed the AlcoholEdu module for a previous institution, they are exempt from this requirement, but are encouraged to take the module to get Butler-specific information. The anonymous data collected through the module is then used to inform the content and social-norming in the Alcohol + You @ BU presentation each Fall.

Alcohol + You @ BU Presentation

This presentation covers Butler-specific guidelines, policies, and data to educate incoming students around a variety of substance use topics. The Health Promotion & Communication Specialist created the curriculum, and facilitated training for Student Orientation Guides (SOG's), who facilitated it with the incoming students during Orientation. This is a requirement and a follow-up to the AlcoholEdu module incoming students complete before arriving on campus.

Peers Advocating Wellness for Students (PAWS) Peer Educators

In Fall 2023 the Health Promotion & Communication Specialist launched the PAWS Peer Educator program. This is a team of paid student leaders who are trained in areas like social norming, health communication, and active listening skills. These six students research, design, implement, and evaluate multiple outreach and educational initiatives each semester to promote health and wellness among their fellow students. Since its launch, the PAWS Peer Educators have hosted programming around a variety of topics, including substance use risk-reduction. They will continue to plan and promote health and wellness initiatives for our campus.

Green Dot Program is a comprehensive approach to violence prevention that capitalizes on the power of peer and cultural influence across all levels of the socio-ecological model. The Green Dot curriculum is extensive and encompasses a variety of topics in order to effect the most culture change in a community focusing on bystander intervention strategies. The curriculum consists of two main pieces: 1) the Overview, which is intended to mobilize the whole community into action, and 2) the Bystander Training, which is intended to train socially influential individuals to role-model and endorse key attitudes and behaviors.

Marijuana e-checkup to go

This screening and brief-intervention tool was first offered in Fall 2018. It provides students with an opportunity to report their marijuana and alcohol use and receive confidential, judgment-free feedback. Some participants may be required to complete this through the conduct process, if applicable.

Campus Support Services

Student Health Services – provides individual consultation and referral for Butler students.

www.butler.edu/health-services

- Protocols have been implemented to assess patient alcohol and controlled substance abuse.
- MD manages medications for various psychiatric illnesses such as depression, anxiety, and ADD. This process starts with an intensive review of history to include current use of alcohol, tobacco, marijuana and other drugs and their potential impact on mental health and interactions with prescribed medications.
- Those treated with ADD stimulants follow strict protocols under controlled substance management:
 - Records obtained from provider who diagnosed ADD and initiated medication. Health Services will not treat ADD without formal testing.
 - Patient signs a controlled substance contract.
 - Patient submits to a prescribed urine drug testing regime.
 - Patient appears for follow up appointments at least every three months.
 - Health Services obtains an INSPECT document annually to review a summary of the controlled prescribed to the patient.
 - All students seen in Health Services for mental health illnesses complete a PHQ9 at each visit to monitor responses to medication and treatment.
 - Narcotics are prescribed infrequently and only in cough medicine.
 - Health Services involved with University Police to orient them to Narcan use, storage, and provision.

Counseling & Consultation Services - CCS provides individual assessments of students' substance abuse concerns and can either provide treatment if appropriate or refer students to local substance abuse treatment facilities. The scope of services offered by CCS does not currently include court-mandated referrals.

- CCS participated in a SAMSHA funded project to provide training to psychology graduate students in substance use disorders using a curriculum developed by APA in consultation with Dr. Carlo DiClemente. Shana Markle, PhD, HSPP provided the training program (which was approximately 8 hours) to the three doctoral interns during the 2022-2023 academic year. The interns, in turn, are able to provide more informed substance misuse services to Butler students.
- Individual and group therapy and consultation
- Refers students to nearby AA and NA meetings.
- Full-time staff psychologists available to work with students regarding alcohol and other drug concerns free of charge.
- Psychiatrist available by appointment one day every other week.
- Referral to local agencies and providers when appropriate.

Assessment and Care Team – As part of our commitment to create and nurture a caring community, Butler has an interdepartmental staff group that approaches students who seem to be having difficulties with college adjustment. This group, the Assessment and Care Team, meets bi-weekly throughout the academic year to discuss issues of concern and coordinate support to students. Our goal is to intervene early and offer resources and support.

Alternative Social Activities

Butler Student Government Association created a “Late Night Committee” in spring 2010 and continues to this day. Late-night programming has shown to be an effective strategy for providing students alternative choices to drinking. Programming of this nature usually refers to after midnight and takes place during the first six weeks of the fall semester. A number of Student Affairs offices contribute to this effort, as well, by offering events and activities that are scheduled with this goal of offering alternative ‘things to do’ on weekends.

Policies and Resources for Butler Employees

New staff orientation is conducted every two weeks throughout the year where information about alcohol and drug policies are shared. All faculty and staff sign a policy acknowledgement form.

Relevant policies and resources are found online:

- Substance Abuse Policy <https://www.butler.edu/student-life/student-handbook/campus-life/drug-free-compliance/>
- Staff Handbook <https://www.butler.edu/human-resources/policies-and-handbooks/>
- Faculty Handbook <https://www.butler.edu/human-resources/policies-and-handbooks/>
- Employee Assistance Program - <https://www.butler.edu/human-resources/benefits/employee-assistance-program/>
- No Smoking/Vaping/Nicotine Policy www.butler.edu/smokefree-campus

Community Connections

Butler University's Health Promotion office is connected to the ***Indiana Collegiate Action Network (ICAN)***. ICAN provides a number of resources and data to help support campus alcohol and other drug risk-reduction efforts.

Butler University's Counseling & Consultation Services has developed an ongoing relationship with the ***Fairbanks Addiction Treatment Center*** in Indianapolis. Fairbanks is a full-service, independent treatment facility invested in the community, including the college student population at Butler and other local universities.

Alcohol and Drug Use Data

Indiana College Substance Use Survey 2023

Pre- and post-AOD educational workshop data.

- 100% of students "strongly agree" or "somewhat agree" that the AOD Educational Workshop was presented in a non-judgemental manner.
- After the workshop, 100% of students reported they could think of 2 or more strategies to reduce their risk of negative outcomes.
- 96% of students strongly or somewhat agree that they learned something from the workshop.